



PARK VISTA OF YOUNGSTOWN

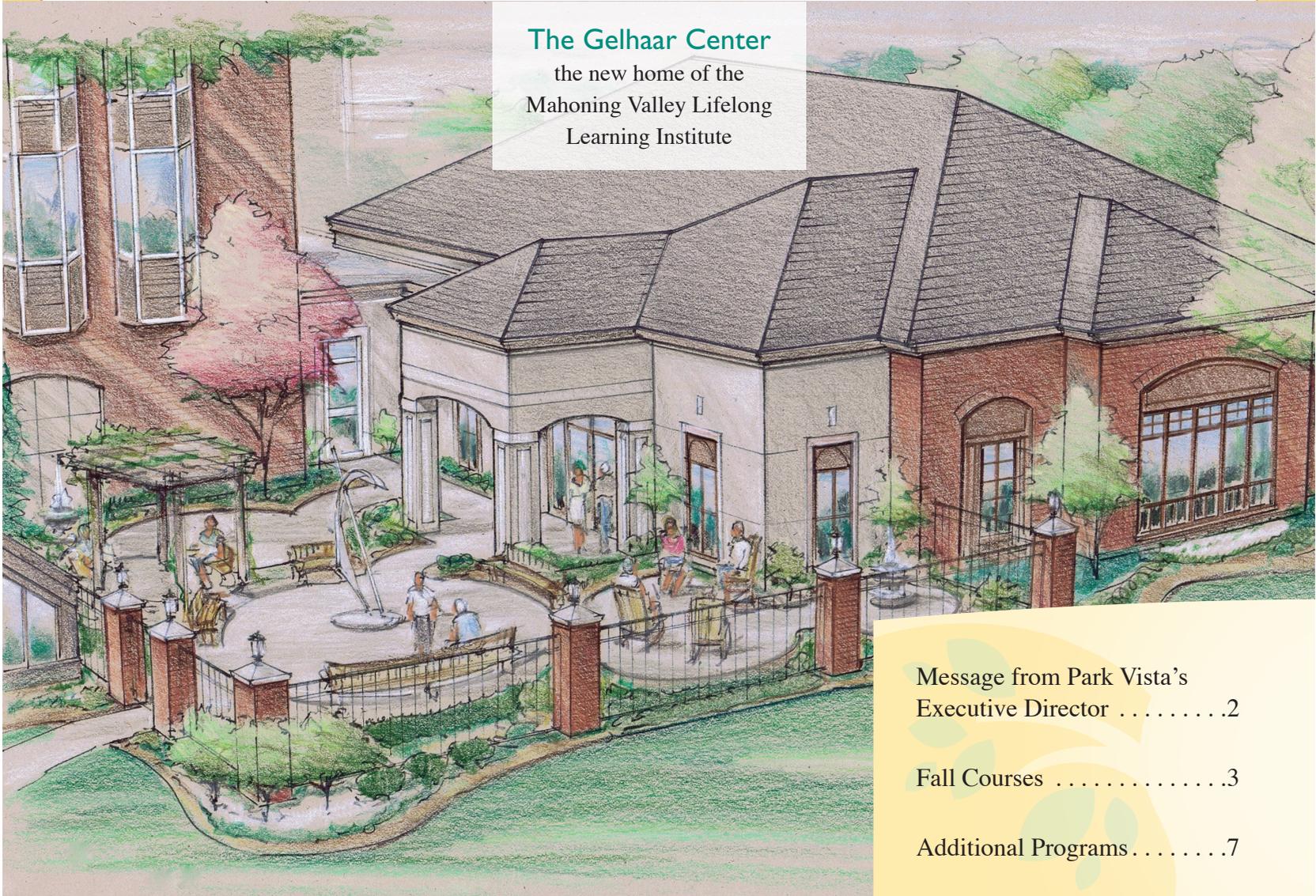


MAHONING VALLEY  
**LIFELONG LEARNING**  
INSTITUTE™

*Exploring The Vistas Of Learning™*

# COURSE SCHEDULE • FALL 2015

**The Gelhaar Center**  
the new home of the  
Mahoning Valley Lifelong  
Learning Institute



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## Message from Park Vista's Executive Director

This semester is a joyous one, as we break ground on the Gelhaar Center, the new home of the Mahoning Valley Lifelong Learning Institute. Our journey began in 2009. We started by listening to the voice of our residents, and to their experiences in lifelong learning at the Chautauqua Institution in New York, at university-based cultural events around the country, and through attending Elderhostel, which is now known as the Road Scholar Network. These experiences were the baseline for our Institute.

The Institute grew over the next six years as we:

- Formed the advisory board, with Carlton Sears, Nick Mager, Ginny Pasha and Tiffany Hughes providing their expertise.
- Established partnerships with the Mahoning Valley Historical Society, the Public Library of Youngstown & Mahoning County, and Youngstown State University, adding depth and local expertise to our lectures.
- Launched [www.MVLLI.org](http://www.MVLLI.org) to provide information about the Institute and its lectures, as well as a method to directly donate to it.
- Hired Marise Sahyoun as director to bring fresh direction to the Institute's growth.
- Were accepted as part of the Road Scholar Network, placing the MVLLI in a national database with 400 other institutes and providing resources for expansion.

While the Institute's growth involved much planning and leadership, it would not have been possible without our donors. Because of their generosity we successfully completed a \$1 million campaign for capital improvements and program endowment. Donor funding is making possible a technologically advanced learning center equipped to aid those with vision and hearing impairments, as well as provide access to virtual learning,



bringing lectures from around the world to our campus. Attached to it will be an atrium and a courtyard featuring a one-of-a-kind sculpture garden, providing unique spaces for respite and reflection. The campaign also set out to endow the Institute's four lecture series: The Harris Lecture Series on History and Political Science; The Gelhaar Lecture Series on Arts and Culture; The Kyle Lecture Series on Religion and Spirituality; and the Wellness and Rehabilitation Lecture Series. Over \$400,000 was raised to ensure future growth of each series, keep lectures affordable and allow for continued improvement of the Institute's offerings.

Since 1947, Park Vista has been the leader in providing services to the Mahoning Valley's older adults through our independent and assisted living, skilled nursing, memory care center, short-term rehab center, aquatic and outpatient therapy, and now the Mahoning Valley Lifelong Learning Institute. Our donors have been with us every step of the way, making it possible for us to innovate and grow our mission to better serve you.

While this fall will be an exciting time for us, we also ask for your patience as this semester will bring changes in venue as we ready the Gelhaar Center for exciting adventures in learning.

I look forward to standing with you in 2016 for the dedication of the Gelhaar Center. Enjoy this semester.

Brian Kolenich

## Word War I

**Presenter:** Dr. Greg Ferro  
**Date:** Thursday, Sept. 3, 2015  
**Time:** 9:30 a.m. to 1 p.m.  
**Cost:** \$15, non-resident, lunch included

Fought nearly a century ago on foreign soil, World War I doesn't hold the tension, drama or internal strife of many other wars fought by American troops. As a result, it has become a forgotten war for many Americans. However, The Great War, as it was initially known, gave way to America's prominence on the world stage and its existence as a superpower. This course will evaluate the international politics that led to World War I, take a look at the United States' contribution to the Allied victory and review how the war laid the groundwork for the complex international relations in today's headlines.

Don't forget your library card! Don't have one? Sign up for one at the pop-up library immediately following this session. The pop-up library will feature materials and information on World War I. It is a service of the Public Library of Youngstown & Mahoning County.

**Partner Organization:** 

## Degas: Perfection in Pastels

**Presenter:** Felicia Zavarella-Stadelman  
**Date:** Thursday, Sept. 10, 2015  
**Time:** 5 to 7 p.m.  
**Location:** Park Vista North Lounge  
**Cost:** \$10, non-resident, will include wine and hors d'oeuvres

Edgar Degas was a reluctant artist who had difficulty parting with his work. As an unrelenting perfectionist, he believed that "painting is easy when you don't know how, but very difficult when you do." Degas' studies in pastels

address the movement of the human body, exploring the physicality and discipline of the dancers through the use of contorted postures and unexpected vantage points.

This class is part of the Masterwork Art Workshop Series, an interactive art program in which those attending will not only learn about a featured classic artist, but also create art inspired by their work.

## Introduction into Genealogy

**Presenter:** Tim Seman  
**Date:** Tuesday, Sept. 15, 2015  
**Time:** 10 to 11:30 a.m.  
**Location:** Main Library,  
 305 Wick Ave., Youngstown, 44503

Ever wonder what the branches of your family tree hold? Let Tim Seman of the Public Library of Youngstown & Mahoning County guide you through building one! Tim will discuss the goals and resources required for genealogical research, including records, the importance of local history and useful library materials that will guide your journey through time.

**Partner Organization:** 

## Hinduism: Teaching and Practices

**Presenter:** Vince Lisi  
**Date:** Thursday, Sept 24, 2015  
**Time:** 9 a.m. to noon  
**Cost:** \$5, non-resident

This course will provide a brief history of Hinduism, covering the importance of the select teachings of Karma and reincarnation. Participants will be guided through the five types of yoga, and participate in some of the yogic practices.

To register, please visit [www.MVLLI.org](http://www.MVLLI.org), or call 330.746.2944, ext. 1553.

All courses will be held in Park Vista's Roy Parks Memorial Chapel unless otherwise noted.

Please register one week in advance of each session. Payment can be made through either cash or check on the day of the event.

## History's First Impression

**Presenter:** Dr. Greg Ferro  
**Date:** Thursday, Oct. 1, 2015  
**Time:** 9:30 a.m. to 1 p.m.  
**Cost:** \$15, non-resident, lunch included

As the old saying goes, you only get one chance to make a first impression. However, in the case of history, perceptions and impressions of American presidents can shift and change over time. This course will take a look at how people view Presidents John F. Kennedy, Lyndon B. Johnson, Jimmy Carter, Ronald Reagan, George H. W. Bush and Bill Clinton, all presidents whose 20th century decisions impact 21st century Americans. Will they be remembered more for their accomplishments or their failures? Only time will tell.

Don't forget your library card! Don't have one? Sign up for one at the pop-up library immediately following this session. The pop-up library will feature materials and information on American Presidents. It is a service of the Public Library of Youngstown & Mahoning County.

**Partner Organization:** 

## The History of Wick Park and its Neighborhood: A Walking Tour

**Presenter:** Bill Lawson  
**Date:** Tuesday, Oct. 6, 2015  
**Time:** 10 a.m. to noon  
**Location:** Wick Park, 260 Park Ave.,  
Youngstown, 44504

Learn about the rich history of Wick Park, from its beginning as a family retreat to its days as a recreational area. Explore the neighborhood and discover the lasting impact of the organizations that flourished near the park. This walking tour will lead guests around the park and the immediate surrounding neighborhood.

This tour is weather-permitting.

**Partner Organization:** 

## The Grand Tour

**Presenter:** Adam Reinherz  
**Date:** Tuesday, Oct. 13, 2015  
**Time:** 2 to 4 p.m.  
**Cost:** \$5

Any plans this fall? How about visiting England, France, Italy and Switzerland all from the comfort of the Mahoning Valley Lifelong Learning Institute? Join us as we take "The Grand Tour," the same trip that many young British travelers took from the 17th to 19th centuries in search of antiquities, music and refinement. This trip gave travelers access to the heights of European culture, and now, through an imaginative and historical lens, it will do the same for you.

## Kandinsky: The Music and Color of Abstract Art

**Presenter:** Felicia Zavarella-Stadelman  
**Date:** Thursday, Oct. 22, 2015  
**Time:** 5 to 7 p.m.  
**Location:** Park Vista North Lounge  
**Cost:** \$10, non-resident, will include wine and hors d'oeuvres

Today, Kandinsky is considered to be the father of abstract art. As a skilled musician, he strongly associated music with art. Naming works after musical terms, he saw color when he listened to music. He wanted to create the equivalent of a symphony that would stimulate not just the eyes but the ears as well.

This class is part of the Masterwork Art Workshop Series, an interactive art program in which those attending will not only learn about a featured classic artist, but also create art inspired by their work.

## Digging Into the Holy Land

**Presenter:** Rev. Ric Schumacher

**Date:** Thursday, Oct. 29, 2015

**Time:** 10 a.m. to noon

**Cost:** \$5, non-resident

This course will provide an overview of the five archaeological sites in the Holy Land: Hazor, Qumran at the Dead Sea, Zippori, the Sea of Galilee and Megiddo. A specific focus will be given to Megiddo, which may be the single most important site in biblical archaeology as it's the only site referenced in both Hebrew scripture and the New Testament.

## Pierre Auguste Renoir: The Story Behind the Man

**Presenter:** Felicia Zavarella-Stadelman

**Date:** Tuesday, Nov. 3, 2015

**Time:** 5 to 7 p.m.

**Location:** Park Vista North Lounge

**Cost:** \$10, non-resident, will include wine and hors d'oeuvres

Renoir refused to think of himself as an impressionist artist. His characteristic touches of broken color and exquisite hues applied with delicate brushstrokes created a highly individualized style. He believed that "a work of art must seize upon you, wrap you up in itself and carry you away."

This class is part of the Masterwork Art Workshop Series, an interactive art program in which those attending will not only learn about a featured classic artist, but also create art inspired by their work.

## The Nostra Aetate

**Presenter:** Rev. George Balasko

**Date:** Thursday, Nov. 12, 2015

**Time:** 10 to 11 a.m.

**Cost:** \$5, non-resident

In October 1965, the Nostra Aetate was passed by a vote of 2,221 to 88 Roman Catholic bishops assembled for the Second Vatican Council. The Nostra Aetate, or the Declaration on the Relation of the Church with Non-Christian Religions, examined more closely the ties between the Roman Catholic Church and other world religions. This course will take a look at what 50 years of the Nostra Aetate has meant for the ecumenical dialogue in Youngstown.

## Escaping to Freedom: The Underground Railroad

**Presenter:** Traci Manning

**Date:** Thursday, Nov. 19, 2015

**Location:** Tyler History Center,  
325 W. Federal St., Youngstown, 44503

**Time:** Noon to 1 p.m.

**Cost:** \$6 for lunch and \$2 for parking  
for both residents and non-residents

Southern slaves who wished to escape to freedom were faced with daunting tasks as they fled through the northern states and into Canada. This course gives insights into the stories of the brave men and woman who fled, and those who helped them along the way. Discover the truths and myths of the Underground Railroad, and learn about its connection to the Mahoning Valley.

**Partner Organization:**



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Please register one week in advance of each session. Payment can be made through either cash or check on the day of the event.

## A Look at Iconography

**Presenter:** Rev. Daniel Rohan

**Date:** Tuesday, Nov. 24, 2015

**Time:** 2 to 4 p.m.

**Cost:** \$5, non-resident

The collection of iconography, or pictures and symbols closely related with religious figures, is a deeply rooted tradition in the Orthodox Church. Icons can be found in the churches, and in the homes of its members, but why? This course will take a look at the historical and cultural importance of these icons in the tradition of the Orthodox Church.

## Carols and Cocoa featuring The Dana Holiday Concert

**Date:** Wednesday, Dec. 2, 2015

**Time:** Carols and Cocoa begins at 7 p.m.;

The Dana Holiday Concert begins at 8 p.m.

**Location:** Stambaugh Auditorium,  
1000 Fifth Ave., Youngstown, 44504

**Admission:** \$5 for both residents and non-residents

Celebrate the Season with Stambaugh Auditorium's holiday tradition! Carols and Cocoa, held in the Stambaugh Auditorium ballroom, will feature traditional holiday carols and favorites. Guests are then invited to join everyone in the auditorium for a formal concert featuring the Stambaugh Chorus, the Dana Chorale, the Dana Symphony Orchestra, and a special high school guest chorale.

*Please note that reservations for this event must be made by Wednesday, Nov. 25, 2015.*

**Partner Organization:** 

## U.S. Foreign Policy: Implications, Impact and Common Denominators, 1970 - 2015

**Presenter:** Dr. Greg Ferro

**Date:** Thursday, Dec. 3, 2015

**Time:** 9:30 a.m. to 1 p.m.

**Cost:** \$15, non-residents, lunch included

Foreign policy in the United States is about more than just wars, but how much of that do we understand? This course will guide participants through the challenges and opportunities of United States foreign policy in the 21st Century, giving special emphasis to the common denominators of those policies since 1970.

Don't forget your library card! Don't have one? Sign up for one at the pop-up library immediately following this session. The pop-up library will feature materials and information on foreign policy. It is a service of the Public Library of Youngstown & Mahoning County.

**Partner Organization:** 

Each course listed is part of one of the following lecture series:

- The Richard and Charlotte Gelhaar Lecture Series on Arts & Culture
- The Jack & Jaye Harris Lecture Series on History and Political Science
- The Ruth Kyle Lecture Series on Faith & Religious Life
- The Wellness & Rehabilitation Lecture Series

## ADDITIONAL PROGRAMS

### Spiritual Concerts

All Spiritual Concerts are held in the Roy Parks Memorial Chapel at 6 p.m.

Sunday, Sept. 6, 2015

Rochelle Joy Singer

Sunday, Sept. 13, 2015

Spanish Evangelical Church  
Singer and Guitars

Sunday, Oct. 4, 2015

Jackie Evans Flute and Piano

Sunday, Oct. 18, 2015

Clay Colley Piano

Sunday, Nov. 15, 2015

Lon G Piano and Flute

Sunday, Nov. 29, 2015

Clay Colley Piano

Sunday, Dec. 6, 2015

Rochelle Joy Singer

Sunday, Dec. 27, 2015

Sarah Clark Harpist

### The Disease Support Network

**The Parkinson's Support Group** is for those who suffer from or care for those diagnosed with Parkinson's Disease. It meets the second Thursday of each month at 2 p.m. in the Park Vista North Lounge.

**The Low-Vision Support Group** is for those who suffer from or are caretakers for those with low vision. It meets the second Tuesday of each month at 10 a.m. in the Park Vista North Lounge.

### Special Interest Clubs

**The Transcendental Interest Group** is a regular meeting of those individuals who wish to deepen their connection to their own inner wisdom. Through group discussion and activity, members gain a greater understanding of the impact of the "ah-ha" moments that lead to insight, inspiration and creative ideas. The group meets on the second Wednesday of every month at 6:30 p.m. in the Park Vista North Lounge. It is coordinated by Dr. Agnes Martinko.

**The Readers' Club** is for everyone who loves to read! Join friends to talk about the latest book or your favorite novel. The club meets on the second Monday of each month at 7 p.m. in the Park Vista North Lounge.



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The Mahoning Valley Lifelong Learning Institute will help older adults of all ages and abilities remain engaged in discovery, enriching their lives through an accessible scholarly curriculum that allows them to explore the world while staying close to home.

At Park Vista, we believe you are never too old to learn. That is why we are pleased to present these educational programs for our residents and the community.

Established in 1947, Park Vista of Youngstown provides the full continuum of care for older adults. Our residents enjoy many cultural and educational opportunities along with a wide variety of lifestyle choices. We hope you join us and while you are here, we would love to give you a tour of Park Vista's beautiful 18+ acre campus.

